

**Suzanne Harris, BSN, RN** joined the Conway Regional team in 2005 after earning her BSN from the University of Central Arkansas. She also holds a B.A. degree in English from Ouachita Baptist University and an M.S. degree in Media Technology from the University of Central Arkansas. She is currently the Clinical Coordinator for the inpatient and outpatient Oncology units and has been the Fall Team leader since 2007. She has also served as part-time Clinical Staff at the University of Central Arkansas since 2006.

**Carol Wright BSRN, MAHSM** graduated from Texas Woman's University with a Bachelors of Nursing degree in 1972 and from Webster University with a Master of Arts degree in Health Services Management in 1990. She has extensive experience in critical care nursing as a staff nurse, nurse manager and also as Vice President of Patient Care Services in adult facilities.

In 1998 she joined Arkansas Children's Hospital as Director of Quality Management for Patient Care Services and a member of the Senior Leadership of the Patient Care Division. She has been instrumental in leading improvement activities in the organization. To name a few: Pediatric Early Warning System (PEWS), Soft on Sticks Program, Safety Huddles, and Medication Reconciliation.

**Mary Daggett, MA CCC-SLP, MBA** graduated from Our Lady of the Lake University with a Masters Degree in Neurogenic Communication Disorders and from the University of Arkansas Little Rock with a Masters of Business Administration. She is currently the Assistant Vice President of Patient Care Services at Jefferson Regional Medical Center. She has played an integral role in process analysis for many quality improvement initiatives within the organization over the last 12 years.

**Katie Brandon** is the Vice President of Patient Care Services at Arkansas Children's Hospital. She has over 21 years of adult and pediatric nursing experience with a focus in critical care and emergency nursing. Katie has held a variety of nursing leadership positions prior to joining ACH in May of 2009. In her current position, Katie serves as the Chair for the Pressure Ulcer Prevention (PUP) Team, a multidisciplinary group focusing on prevention and standardization of pressure ulcer care in children.

### CONTINUING EDUCATION CREDIT

**4.5 nursing contact hours** will be awarded upon completion of this event.

The Arkansas Hospital Association is an approved provider of continuing nursing education by Arkansas Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

### CONFERENCE SPONSORS

The Arkansas Organization of Nurse Executives will recognize our generous supporters which help make this conference possible. Details will be provided on arrival to the conference.

Approved contact hours do not constitute approval or endorsement for any commercial products by the American Nurses Credentialing Center's COA.

### CANCELLATION AND REFUND POLICY

If cancellations are received **after August 13**, 50% of the registration fee is refundable. Registrants who cancel the day of the program, or fail to attend, must pay the entire fee. Registrants unable to attend may send an alternate. If the alternate is not a member, the non-member registration fee will be required. Registrations that are phoned in, faxed or e-mailed are subject to the same cancellation policy.

### DIRECTIONS TO BAPTIST HEALTH MEDICAL CENTER NORTH LITTLE ROCK

From I-40, take Exit 156. From I-30 east, take the I-40 to Memphis split after the bridge on I-40 crosses the river downtown, and take Exit 156. From 67/167, take the I-40 Memphis exit after McCain Mall, and take Exit 156. *Exit 156 is called the Springhill Exit.*

Enter through the main entrance and take the escalator/elevator to the bottom level. The conference room will be on the left if coming off the elevator or on the right if coming off the escalator.

# ARKANSAS ORGANIZATION FOR NURSE EXECUTIVES

an affiliate of



**Everything is changing...  
are you prepared?**

**2010 Summer Conference**

**Baptist Health Medical  
Center, North Little Rock**

**3333 Springhill Drive**

**August 20, 2010**

## REGISTRATION FORM

**WHAT:** Arkansas Organization for Nurse Executives Summer Conference

**WHERE:** Baptist Health Medical Center, North Little Rock, Arkansas

**WHEN:** Friday, August 20, 2010

### REGISTRATION FEE:

- \$45 Student of Nursing
- \$85 AONE Member
- \$110 Non-AONE Member
- \$125 to Register/Join AONE

### PERSON ATTENDING:

Name

Title

Hospital/Institution

Mailing Address

City, State, Zip

Phone Number

Fax Number

E-Mail Address

### MAKE CHECK PAYABLE TO:

Arkansas Organization for Nurse Executives  
(AONE)

**PLEASE REGISTER (by mail, email or fax) NO LATER THAN AUGUST 13 TO:**

Anna Sroczyński, Registrar  
Arkansas Hospital Association  
419 Natural Resources Drive  
Little Rock, AR 72205  
Telephone #501-224-7878 Fax #501-224-0519  
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## Arkansas Organization for Nurse Executives 2010 Summer Conference

### “Everything is changing... are you prepared?”

Baptist Health Medical Center - North Little Rock

August 20, 2010

### Agenda

**8:30 a.m. Registration and Breakfast**

**8:50 a.m. Welcome and Opening Remarks**

**Kathy Martin**, VP of Nursing  
Baptist Health Med Center - N. Little Rock

**9:00 a.m. CHAOS to C.A.L.M.**

***Thriving Through the Reform Storm!***

**Diane Sieg**, Speaker/Author/Life-Saving Expert

A former ER nurse's prescription for daily best practices to help you retain quality care, patient satisfaction and a sane staff. With the transitions we are all facing in this “new normal” of healthcare, we can find our ourselves living with a lot of fear, uncertainty and chaos, trying to do more, better, faster-with less. Whatever place your nurses are in right now - understaffed, overwhelmed, stressed out or burned out, now is the perfect storm to go from chaos to calm.

### Objectives:

- Discuss the anatomy of a highly functioning team.
- Identify the secret of the selfish nurse at the bedside and in the break room.
- Describe the power of living with intention.
- Discuss a life-changing daily practice to support C.A.L.M.

**10:15 a.m. Break**

**10:30 a.m. CHAOS to C.A.L.M. Continues**

**12:00 noon Lunch (provided)**

**12:30 p.m. Business Meeting**

**1:00 p.m. Nursing Indicator Panel**

**Falls - Suzanne Harris**, Conway Regional Health System

### Objective:

- Describe the role of the fall team in defining/identifying the at-risk population and developing a workable process for managing the risks for optimum patient safety.

**Pain Management - Carol Wright**, Arkansas Children's Hospital

### Objective:

- Describe how to implement an interdisciplinary team approach to reduce the pain associated with needle sticks.

**Skin Care Initiatives - Mary Daggett**, Jefferson Regional Medical Center

### Objective:

- Describe the initiatives implemented in the improvement/ standardization of nursing care and documentation related to skin care/pressure ulcer prevention.

**Pressure Ulcers and Children - Katie Brandon**, Arkansas Children's Hospital

### Objective:

- Describe the role of the role of the pressure ulcer prevention team in improving/standardizing nursing care related to pressure ulcers in children.

**2:00 p.m. Break**

**2:15 p.m. Nursing Indicator Panel  
Q&A/Discussion**

**3:00 p.m. Evaluation and Adjournment**

### SPEAKER INTRODUCTION

**Diane Sieg** holds the Certified Speaking Professional (CSP) designation, the highest certification for a speaking professional, earned by less than 10% of the professional speakers in the world. As an emergency room nurse for over 20 years, she has seen it all. As a professional speaker since 1996, she has spoken to thousands of men and women in health-care, sales, banking and women's conferences. She wrote her first book, *STOP Living Life Like an Emergency*, because she wanted to illustrate how so many were living in such a frenetic state of more, better, faster. Her most recent work focuses on teaching people how to move from chaos to calm by increasing their awareness and setting their intentions with a daily practice.

Diane's professional memberships include the National Speakers Association, National Speakers Association-Colorado, Colorado Author's League, American Association of Lifestyle Counselors and the Sigma Theta Tau Honorary Nursing Organization.